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## Setting the Scene

### Introduction

Your program will be completed in three Parts; Self Assessment, Career Review and Goal Setting. Here we have provided a brief outline of these elements.

### What Can You Do?

Despite the changing workplace environment, there are a number of steps you can take to be in control of your life and more effectively manage both your life and your career. Here is a summary of what you can do.

### Introduction

The Australasian workplace, in the 21st Century, is vastly different to what most of us are used to. The comfortable certainty that most of us have lived and worked with in the past has been replaced by a somewhat more anxious professional and personal existence.

This anxiety rests within us partly as a result of our struggle to cope with rapid changes in all facets of life and work. Those easiest to identify are the technological changes. There are a number of other significant factors impacting on today's changing workplace environment.

For more information on these factors, please click on the subheadings below. You can choose to visit any or all of the following pages, as you wish.

- [Technological Impacts](#)
- [Labour Market Trends](#)
- [The "Hybrid Manager"](#)
- [Shift in Responsibility for Careers](#)
- [Wider Implications](#)

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